



C/O Presque Isle Partnership • 301 Peninsula Dr. Suite 2, Erie, PA 16505 • Ph 814.838.5138 • Fax 814.833.0266

August 7, 2019

Dear Presque Isle Triathlon Entrant!

Congratulations and welcome to the 2019 Presque Isle Triathlon which will take place this Saturday, August 10 at Presque Isle State Park. Your race application has been received, processed and is confirmed. You are one of more than 300 athletes who will compete in the 19th annual PI Triathlon.

The following information will be helpful to you and to everyone else...other athletes, race organizers and volunteers...to have a safe, great triathlon experience.

Please read it carefully.

Further, please visit www.discoverpi.com for the Race Day Agenda and additional updates through Friday, 8/9/19

GENERAL INFORMATION

1. Race Packets, which will contain your race numbers (bib and bike), swim cap, T-shirt, etc., can be picked up at the following times and locations:

• **Friday, August 9. TREC (Tom Ridge Environmental Center), Room 108.**

5 PM-7:00 PM. TREC is located at the top of the hill on Peninsula Drive at the traffic light across from Waldameer Park. Note: From the TREC front doors, room 108 is located to the left, at the far end of the west wing of the building.

• **Saturday, August 10. Race Day. Beach 10. Presque Isle Partnership Tent.**
6:30 to 7:30 a.m.

NOTE: On-line registration is closed. Some additional PI Tri 2019 applications will be taken Friday 8/9 at packet pickup and, as space allows, on race day Saturday @ the Beach 10 race site.

2. Race Site. Beach 10 is located approximately 5.5 miles from the entrance (bottom of the hill) to Presque Isle State Park. Traffic speed limit on PISP is 25 mph, consistently enforced. Plan your travel, arrival and parking time accordingly.

3. PARKING!

- All athletes and volunteers will be directed primarily to the large parking area located on the **EAST SIDE** of the Beach 10 bathhouse / concession building. The only exception will be the Safety Kayak Crew who will park in the lot on the north west side of the Beach 10 BathHouse/Concession building,
- Watch for signs and triathlon volunteers who will be giving parking directions.

- No parking will be permitted along both sides of the road in the Beach 10 area.
- NO PARKING signs will be posted.
- *Please advise families and friends to park in the EAST lot of Beach 10. With that, everyone's cooperation will be appreciated!*

4. Check-in on race day is required for all triathlon participants...all individuals and all relay team members...at the Registration Site. This is true also for those who may have picked up their race packets Friday evening. At the registration site, triathlon volunteers will check-in all participants.

At that time, all triathlon participants will be directed to

- Get your race packet (if you did not pick up Friday evening)
- Get your numbered ChampionChip and band that is to be worn on one ankle throughout the race; (*NOTE: There are special band / chip instructions for Relay Team Entrants. See Timing Note below*).
- Go to the body marking area to be marked with your race number.
- Set up your bike and needed equipment in your designated section of the numbered bike racks, in the Transition Area.

5. Timing.

- The Presque Isle Triathlon will be scored again by the Runner's High using Champion Chip technology. On race day, all individual entrants and all relay team swimmers will be issued a computer chip, which will be attached to a small velcro band.
- This chip and band must be worn on one ANKLE throughout the race. **Please be sure to fasten the band securely so it does not fall off and is lost. See below.**
- All individual entrants must wear the chip and band from the race start until he/she crosses the finish line. *No band and chip = no timing is possible for those entrants.*
- Every time each entrant crosses the designated timing mat(s), the time for that segment of the race will be recorded. *Again, no chip = no time recorded, it is up to all individual and relay team entrants to be sure their chip is secured and worn.*
- All relay team swimmers must wear the chip throughout their segment of the race. After the swim...the team swimmer will hand off their band / chip to their team cyclist. All cyclists... after completing the bike...will hand off their band and chip to their team runner. The team runner must wear the band / chip throughout the run and across the finish line. *Provided that chips are worn throughout the race, timing mats at the finish of each event will record all swim, bike and run times as well as transition times (swim-to-bike, bike-to-run). Again, no chip worn = no time recorded.*
- **Note:** *Again, relay teams will receive one one chip and one band. This one chip and band will be shared by the team and will be handed-off to the next team member until the race is completed.*
- **All bands / chips must be turned in to race officials at the finish line. It is the responsibility of each entrant to be sure this is done. No exceptions.**
- **There will be a charge of \$30 for chips not returned. By taking part in PI Tri 2019, all entrants agree to this timing CHIP detail.**
- Participants who own their own chips in advance of August 25 will need to give their ChampionChip number to race officials at check-in on race day.

- After the race, participants may purchase a chip from the Runner's High for future use at other races. Purchased chips may then be used at any chip race in the world.
- 6. Bike Helmets** that meet or exceed accredited safety standards are **REQUIRED** from start to finish on the bike segment of the race. No helmet = no start / no finish.
- 7. Wet Suits** are optional. (Swim distance = 0.35 miles = approx. 616 yds = approx. 25 lengths of a 25 yd. pool.) Consider this carefully.
NOTE: Beyond wetsuits, no swim fins, no snorkels, no floatation devices of any type and NO listening devices (no ear buds, etc.) are permitted.
- 8. Lake Erie Water Temperature** at the PI Tri 2019 Beach 10 race site today: 77
- 9. Weather for Saturday, August 10.** Looks promising! Watch the weather forecasts for Presque Isle State Park, Erie PA for updates throughout 8.9.19
- 10. A lead vehicle** will lead the first triathlon cyclist and runner throughout the race. The lead vehicle for the triathlon bike will be the **Presque Isle Partnership van**. The lead vehicle for the triathlon run will be a **volunteer cyclist**. A **trail cyclist/race official** will follow the last cyclist and the last runner throughout the race.
- 11. Race Volunteers** are exactly that: volunteers who are giving of their own time on to help provide a safe and enjoyable experience for all. This includes those at registration, lifeguards, kayakers, radio operators, race-related cyclists, road marshals, water station workers...all volunteers. *It is expected that all participants treat every volunteer with respect.* Please offer your thanks to the volunteers for their being there. **If you have families or friends who may want to volunteer, please have them email pitriathlon@gmail.com in advance of race day.**
- 12. Traffic and Pedestrian control** will be in place throughout the triathlon course on race day to help provide traffic control and safety throughout the race.
- The designated triathlon bike course will be in the **outside (right hand) lane** of the main road that circles PISP.
 - **Once they leave transition, triathlon cyclists are NOT to ride on the Multipurpose Trail at any other time throughout the race, even when the MPT is immediately adjacent to the road.**
 - The outside (right hand) lane of the main road on PISP will be closed to motor vehicular traffic on race day morning. The inside lane (left hand lane) will be open to motor vehicle traffic.
 - Motor vehicle traffic will be directed to the inside (left hand) lane throughout the race.
 - Triathlon cyclists are reminded NOT to cross the centerline at anytime, other than @ the (almost U-turn) bike course turn-a-round at Beach 1. Race marshals will give directions to cyclists @ the Beach 1 bike turn-a-round.
 - No roads on Presque Isle will be totally closed to motor vehicle traffic on this day.
 - It is everyone's responsibility to be alert at all times, to race safely and be prepared to stop.

13. The Multipurpose Trail is NOT closed to recreational trail users on race day morning. There may be recreational cyclists on the trail during the event.

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14. The triathlon course will officially close at 11 AM. At that time, triathlon volunteers are directed to leave their sites. Throughout the race, the race committee reserves the right to remove any participant for reasons of health, safety, failing to comply with race rules or inappropriate behavior.

15. Bike Racks / Transition Area. Each entrant's position on the bike racks in the transition area will be determined by race number and will be marked accordingly.

- Position your bike on the bike racks according to your race number.
- Respect other athletes' space and equipment.
- No additional bike racks (brought in by athletes themselves) will be permitted.

16. Volunteer Organizations. The following organizations will be on hand to assist throughout:

- Presque Isle Lifeguard Association will set up and monitor the swim course throughout the swim.
- PI Tri Safety Kayak Crew will help guide swimmers and will help provide assistance as needed.
- The Radio Association of Erie will be in place throughout the triathlon course to provide radio communication from start to finish.
- Allegheny Health Network / Saint Vincent Sports Medicine will be on-site on race day to provide medical coverage for the triathlon. The AHN / SV Mobile Medical Unit will be staffed by Saint Vincent Hospital physicians and related personnel.
- Millcreek Paramedic Service will be stationed @ the race site and at strategic locations throughout the course.

17. Race Results will be posted as they become available near the finish line throughout race day morning. Complete race results (finish places, swim, bike, run times and transition times) will be posted the same day: www.runhigh.com.

18. Everyone's Responsibility: Bring good weather / water conditions. Race safely!

This information provides a great deal of information about PI Tri 2019.... details, details, details! We hope it is helpful. The more you know in advance, the better everyone's experience will likely be.

See additional information posted on www.DiscoverPI.com: Race Day Agenda and PI Tri 2018 Course Rules.

Again, thank you for your entry. We hope your training has gone well and best wishes for a safe and fun multi-sport experience. We look forward to seeing you this Saturday, August 10 at Beach 10 on beautiful Presque Isle State Park. PI Tri 2019 promises to be another great race!

- Pat Davis
Race Director
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