

STANDARD ACKNOWLEDGMENT, WAIVER AND RELEASE FROM LIABILITY ALLATHLETES MUST READ AND SIGN. PLEASE READ CAREFULLY BEFORE SIGNING THIS ACKNOWLEDGEMENT, WAIVER AND RELEASE FROM LIABILITY (AWRL).

I acknowledge that a triathlon or bi-sport event is an extreme test of a person's physical and emotional limits and carries with it the potential for death, serious injury and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN TRIATHLONS OR BI-SPORT EVENTS, specifically, I assume the risk of participating in the Times-News Duathlon. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical professional. I hereby take the following actions for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) I AGREE to abide by the rules and regulations of this event; b) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from Times-News Duathlon, THE FOLLOWING PERSONS OR ENTITIES: Times Publishing Company, Erie Runners Club, Inc., and all other event sponsors, race directors, event producers, volunteers, all states, cities, counties or localities in which event or segments of events are held, and the officers, directors, employees, representatives and agent of all of the above; c) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and d) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during Times-News Duathlon I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS.

Printed Name of Entrant \_\_\_\_\_

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

FOR PERSONS UNDER EIGHTEEN (18) YEARS OF AGE, A PARENT OR LEGAL GUARDIAN MUST SIGN THE ABOVE AWRL AND COMPLETE THE FOLLOWING SECTION.

The undersigned, (parent/guardian) the parent and natural or legal guardian of foregoing AWRL for and on behalf of the minor named herein. As the natural or legal guardian or such minor, I hereby bind myself, the minor and our executors, administrators, heirs, next of kin, successors and assigns to the terms of the foregoing AWRL. I represent that I have the legal capacity and authority to act for and on behalf of the minor named herein, and I agree to indemnify and hold harmless the person or entities mentioned in the foregoing AWRL for any claims made or liabilities assessed against them as a result of any insufficiency of my legal capacity or authority to act for and on behalf of the minor in the execution of the foregoing AWRL or in the execution of the Consent. I hereby authorize any licensed physician, emergency medical technician, hospital or other medical or health care facility ("Medical Provider") to treat the minor named herein for the purpose of attempting to treat or relieve any injuries received by said minor arising out of or relating to the Times-News Duathlon. I authorize any such Medical Provider to perform all procedures deemed medically advisable in attempting to treat or relieve such injuries. I consent to the administration of anesthesia as deemed advisable during the course of such treatment. I realize and appreciate that there is a possibility of complications and unforeseen consequences in any medical treatment, and I assume any such risk for and on behalf of myself and said minor. I acknowledge that no warranty is being made as to the results of any medical treatment.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

NOTE: Parent/Guardian must also sign AWRL above.

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Erie Times-News

# duathlon

At Discover Presque Isle

Sunday, July 27, 2008

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**5K RUN**

**20K BIKE**

**5K RUN**

Presque Isle State Park, Erie, PA

8:00 a.m. start: Beach 11

All Proceeds benefit Presque Isle State Park

# duathlon

At Discover Presque Isle

Sunday, July 27, 2008

## Entry Form/Waiver

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Email address \_\_\_\_\_

### Race Categories (Check one)

Under 20 20-29 30-39 40-49 50-59 60+

**Open (\$30)**                       

**Mountain Bike (\$30)**                      **NO AGE CATEGORIES**

**Relay (\$25/member)**     Male Relay     Female Relay     Mixed

Relay Team Name \_\_\_\_\_

Other Team Member \_\_\_\_\_

Each team member must submit an application and waiver form

**Total Amount Enclosed \$ \_\_\_\_\_ (add \$5 per person after July 18)**

**Please make checks payable to Presque Isle Partnership.**

**ALL PROCEEDS BENEFIT PRESQUE ISLE STATE PARK**

**All participants must submit an entry form and waiver**

**(on reverse).**

**Mail completed form and check or money order to:**

**Presque Isle Partnership, c/o Duathlon**

**301 Peninsula Dr. Suite 2, Erie, PA, 16505**

The race is a 5 kilometer run, a 20 kilometer bike– featuring a full loop of scenic Presque Isle, followed by another 5 kilometer run beginning at 8:00 a.m. on Sunday, July 27, 2008 (Discover Presque Isle weekend). This year’s race will start and end at the beach 11 parking lot. The bike race will take place on the park’s main road with one lane closed to traffic.

Each participant will receive a high-quality race premium. Pre-registration deadline is Friday, July 18, 2008. Late entries (postmarked after July 18) and day-of-race registrations will be accepted at an additional cost of \$5 per entrant. For more information, or to volunteer, contact Steve McDermott at [steve@discoverpi.com](mailto:steve@discoverpi.com).

### Race Information:

1. Race entry fees are non-refundable and are the property of Presque Isle Partnership. **The race will not be rescheduled if cancelled due to unsafe road conditions. Premiums will not be sent to no-shows.**
2. **Bike riders must wear ANSI approved helmets during the entire bike ride segment of the race.**  
**PARTICIPANTS MUST BE WEARING HELMETS BEFORE EXITING THE TRANSITION AREA.**
3. The race course will not be completely closed to auto, pedestrian or bicycle traffic. Participants must be alert at all times.
4. Bikers must ride in the designated lane with the traffic flow. Crossing into the other lane may result in disqualification.
5. Each run segment will be one loop of a measured 5.0 km course.
6. There will be one aid station near the transition area for runners.

Thanks to the race sponsors...

